



## *Esher Church of England High School*

### **SEX AND RELATIONSHIP EDUCATION POLICY**

<b>Status:</b>	Approved
<b>Date of Next Review:</b>	February 2020
<b>Responsibility:</b>	Student Wellbeing Committee
<b>Date of Approval:</b>	Committee: 22 <sup>nd</sup> February 2017
<b>Full Governors:</b>	8 <sup>th</sup> March 2017

*Teaching SRE is vital – done well, it is enriching and enjoyable for teachers and pupils alike. It also helps schools fulfil their duties to protect, safeguard and promote the wellbeing of their pupils. (SRE) for the 21<sup>st</sup> century*

At Esher Church of England High School, sex and relationship education (SRE) will be presented in a balanced, objective and sensitive manner within a framework that is:

- Inclusive and considers the needs of all students
- Based on self-esteem and responsibility for the consequences of one's own actions
- Reflective of parents' wishes and recognises the culture of the community we serve.
- Non-judgemental and avoids promoting stereotypes or discrimination.

Students will be taught the importance of making informed decisions based, evaluating risk and promoting their own health whilst considering the impact that their actions have on others and the communities they belong to.

Students will be taught the importance of making decisions based on respect for themselves and for others. They will be encouraged to consider the responsibility they have for their actions and the responsibility they have to the school and the wider community.

#### **The purpose:**

- To provide knowledge about the nature of loving relationships, sexuality and the physical processes of puberty and reproduction
- To inform students of the laws concerning sexual behaviour
- To emphasise the benefits of stable adult relationships and family life
- To examine the emotional and ethical aspects of sexual attitudes
- To promote the concept of equality between the sexes
- To consider the effects of sexual behaviour on health
- To enable students to make well-informed reasoned and responsible decisions in terms of their sexual behaviour and their relationship with others
- To encourage respect and consideration for others
- To evaluate the risks linked to social media and how the law protects against CSE.

#### **Lesson Organisation**

SRE is co-ordinated by the Head of RE who will work with Heads of Year, Head of Science and other relevant Heads of Department to embed the aims of the course throughout the whole-school curriculum. The Head of RE is responsible for the overall planning, implementation and review of the programme.

The programme is taught mainly through the Science, RE and Personal Social Health and Citizenship Education programmes, although some of the emotional, ethical and moral content of the course may be re-visited in other curriculum areas, such as English, History. SRE is taught in mixed ability

and gender groups in discrete lessons throughout the school. For specific topics such as menstruation the groups may be single sex.

A variety of approaches are used to enable students to gain information and to explore moral and practical issues. These may be seen in the scheme of work.

A wide range of materials is available to members of staff. Staff involved in teaching sex education will do so within the framework of the school aims for the subject. Wherever appropriate outside speakers are invited to school. They are selected carefully and a member of school staff is always present.

**Content**

Sex and Relationship Education provides knowledge and encourages the acquisition of attitudes that will enable students to manage their lives in a responsible and healthy way into adulthood.

Key Stage 3	Key Stage 4
<ul style="list-style-type: none"> <li>• Sexual reproduction</li> <li>• Parts of the male and female reproductive systems and their functions</li> <li>• Sexual intercourse, fertilisation, implantation, becoming pregnant</li> <li>• Test-tube fertilisation</li> <li>• Periods</li> <li>• Development of the foetus</li> <li>• Factors affecting development of a foetus</li> <li>• Giving birth &amp; labour</li> <li>• Puberty and adolescence</li> <li>• Grooming and CSE.</li> <li>• Consent</li> <li>• Contraception</li> <li>• Healthy relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Hormones and the menstrual cycle</li> <li>• Artificial control of fertility, including ref to contraception</li> <li>• Inheritance</li> <li>• Cloning</li> <li>• Ethical issues relating to cloning and human intervention in fertility issues</li> <li>• Genetics</li> <li>• Genetic disorders</li> <li>• Embryo screening, stem cells and their debate</li> <li>• We encourage discussion to identify myths and misconceptions</li> <li>• Abortion, and other contentious issues do sometimes arise which we discuss from a factual viewpoint</li> <li>• Sexually transmitted infections and safe sex practice.</li> <li>• Contraception.</li> <li>• Healthy relationships</li> </ul>

If an issue is raised earlier through class discussion it will be covered then.

**Immunisations and Vaccinations**

Esher High School offers all Year 8 girls the Human Papilloma Virus (HPV) vaccination as part of our sex and relationship education program and duty of care.

The vaccine will help protect girls from cervical cancer, and is administered as three injections over a six month period. As part of this initiative the Central Surrey Health NHS and Esher High School provide all Year 8 girls and parents/carers an information leaflet explaining cervical cancer and the vaccine.

This is not compulsory and all parents/carers are asked to complete a consent form before the Central Surrey NHS nurses can administer the vaccination.

### **Confidentiality and Advice**

Students will be made aware that not all information can be held to be confidential and that if certain disclosures are made then action must follow. Nevertheless students will be offered sensitive and appropriate support.

The following procedures will be adhered to by all staff.

- a) If there is a disclosure of abuse the school's Child Protection Policy will be followed
- b) If there is a disclosure of pregnancy or individual requests for contraception advice – the school's Child Protection Policy will be followed

The matter will be reported to the Assistant Headteacher (Student Well-Being) and /or the Child Protection Officer who will discuss with the health professionals about informing the parents.

### **Parental Partnership**

Under the 1993 Education Act parents have the right to withdraw their children from all or part of the sex education programme which is not in the national curriculum science provision. Parents wishing to exercise this right are asked to make an appropriate appointment to see the Assistant Headteacher (Student Well-Being) to discuss the issue although they are under no obligation to do so. All requests to withdraw their child should be made in writing. A child who has been withdrawn from sex education lessons by parental request may only return to these lessons if this is put in writing by the parents. Students who are withdrawn will be provided with alternative work by their teacher; such work will be relevant to the programme's overall aims.

The sex education policy is available to parents upon request and parents are welcome to enquire about the way in which the programme is taught and to see the materials which are used.

### **Complaints**

Any complaint about the sex education curriculum should be made to the Headteacher who will investigate the matter and report to Governors if appropriate.

### **Monitoring and review**

Sex Education will be monitored by the Assistant Headteacher (Student Well-Being) in consultation with those responsible for delivering Personal Social, Health and Citizenship Education, Head of RE, Head of Science, Designated Safeguarding Lead and the Heads Of Year.

The Policy will be reviewed annually.

Other policies which have relevance to sex and relationship education are: Equal Opportunities; Anti-Bullying; Child Protection and Safeguarding Policy.

There are clear guidelines for staff to follow if any form of abuse is suspected.