

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION #1	CLASSIC BEEF BOLOGNAISE With Garlic Bread	 MACARONI CHEESE With Toppings	SEASONED CHICKEN with Roast Potatoes and Gravy	 GREEN THAI CHICKEN CURRY with 50/50 Rice	FISHFINGERS OR SALMON FISHCAKES with Chips
OPTION #2	VEGETABLE BOLOGNAISE With Garlic Bread	MACARONI CHEESE With Toppings	CAJUN SWEET POTATO & SPINACH TART with Roast Pots	STICKY SOY AND HONEY NOODLES	LOADED HOUND DOG with Chips
ON THE SIDE	Mixed Salad Coleslaw	Roasted Butternut Squash Cauliflower	Cauliflower Peas	Sweetcorn Roasted Broccoli	Baked Beans Coleslaw
DESSERT OF THE DAY	APPLE & CINNAMON TURNOVER	CHOCOLATE SPONGE With Chocolate Sauce	PLUM & VANILLA CRUMBLE with Custard	SCHOOL CAKE With Vanilla Custard	BERRY CRUMBLE CAKE
ALSO AVAILABLE! SOUP OF THE DAY FILLED JACKET POTATOES	CHECK OUT... OUR HOT AND COLD GRAB & GO SELECTION		MENU KEY VEGAN OPTION ADDED PLANT PROTEIN SOURCE OF WHOLEMEAL	ALLERGIES PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DRINKS. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.	

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION #1	 MEXICAN BEEF CHILLI with Rice or Soft Tacos	 SPICY CHICKEN With Khobez and Tabbouleh Salad	BUTCHERS SAUSAGE & MASH with Onion Gravy	HOT WOK CHICKEN NOODLES	BATTERED FILLET OF FISH served with Chips & Tartare Sauce
OPTION #2	MIXED BEAN CHILLI With Rice or Soft Tacos	HOUMOUS AND FALAFEL With Khobez and Tabbouleh Salad	VEGGIE SAUSAGE & MASH with Onion Gravy	HOT WOK VEGETABLE NOODLES	GREEK SPINACH & FILO PARCELS and Chips
ON THE SIDE	Pineapple Salsa & Slaw	Red Cabbage Slaw and Roasted Chickpea Salad	Broccoli Carrots	Peas Sweetcorn	Baked Beans Garden Peas
DESSERT OF THE DAY	BLONDIE WITH BERRIES with Cream	SYRUP SPONGE with Custard	APPLE & CHERRY DATY CRUMBLE with Custard	CHOCOLATE SHORTBREAD CAKE with Chocolate Sauce	MINI WAFFLES WITH TOPPING
ALSO AVAILABLE! SOUP OF THE DAY FILLED JACKET POTATOES	CHECK OUT... OUR HOT AND COLD GRAB & GO SELECTION		MENU KEY VEGAN OPTION ADDED PLANT PROTEIN SOURCE OF WHOLEMEAL	ALLERGIES PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DRINKS. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.	

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION #1	MEATBALLS IN TOMATO SAUCE with Spaghetti	 CHICKEN PAELLA with Patatas Bravas	THE CLASSIC ROAST DINNER with all the trimmings	 CHICKEN KORMA with 50/50 Rice	BATTERED FISH with Chips & Tartare Sauce
OPTION #2	VEGAN MEATBALL IN TOMATO SAUCE with Spaghetti	VEGETABLE RISOTTO With Patatas Bravas	ROAST QUORN , with all the trimmings	SWEET POTATO, CHICKPEA & SPINACH TIKKA with 50/50 Rice	THE BIG PLANT BURGER with Chips
ON THE SIDE	Green Beans Sweetcorn	Roasted Vegetables & Salads	Roasted Carrots Red Cabbage	Roasted Cauliflower & Sambals	Mushy Peas Baked Beans
DESSERT OF THE DAY	VANILLA SPONGE With toffee sauce	CHOCOLATE BROWNIE With Ice Cream	JAM SPONGE with Custard	STICKY TOFFEE APPLE CRUMBLE with Custard	LEMON DRIZZLE CAKE
ALSO AVAILABLE! SOUP OF THE DAY FILLED JACKET POTATOES	CHECK OUT... OUR HOT AND COLD GRAB & GO SELECTION		MENU KEY VEGAN OPTION ADDED PLANT PROTEIN SOURCE OF WHOLEMEAL	ALLERGIES PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DRINKS. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.	