



WEEK 1

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**BEEF BOLOGNAISE**  
Garlic Bread, Peas,  
Garden Salad

**KUNG PAO CHICKEN**  
Shredded Greens, Egg Fried  
Rice, Prawn Crackers

**ROAST PORK**  
Stuffing, Yorkshire Pudding,  
Seasonal Vegetables, Gravy

**CHILLI CON CARNE**  
Nachos, Rice, Sour Cream,  
Salsa

**FRESHLY BATTERED  
FISH/  
SALMON FISHCAKES**  
Chips, Mushy Peas

VEGETARIAN MEAL

**VEGGIE BOLOGNAISE**  
Garlic Bread,  
Pea Garden Salad

**ORIENTAL STIR FRIED  
NOODLES**  
Crunchy Vegetables

**MACARONI CHEESE**  
Mixed Salad or Seasonal  
Vegetables

**MIXED BEAN CHILLI  
CON CARNE**  
Nachos, Rice,  
Sour Cream, Salsa

**MATURE CHEDDAR &  
SUN-DRIED TOMATO  
QUICHE**

**TOMATO & BASIL**

PASTA POTS

**PESTO PASTA**

**QUORN BOLOGNAISE**

**ARRABIATA**

**CARBONARA**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

HOT PUD

**MIXED BERRY &  
APPLE CRUMBLE**  
Ice Cream

**AMERICAN STYLE  
PANCAKES**  
Fruit Toppings

**STICKY LEMON  
SPONGE**  
Custard

**CHURROS**  
Toffee Dipping Sauce

**CHOCOLATE SPONGE**  
Chocolate Sauce

COLD PUD

**FROZEN YOGHURT  
& FRUIT**

**BANOFFEE POT**

**CHOCOLATE ORANGE  
YOGHURT MOUSSE**

**LEMON & RASPBERRY  
CHEESECAKE**

**CUCINA SUNDAE**

FRUIT POT

**WATERMELON**

**ORANGE WEDGES**

**PINEAPPLE & TOFFEE**

**FRESH FRUIT SALAD**

**GRAPES**

JELLY POTS

**STRAWBERRY**

**ORANGE**

**RASPBERRY**

**LEMON**

**MIXED BERRY**

YOGHURT POTS

**GREEK STYLE  
HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE  
**SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR  
AMAZING BLUE DOT  
MEAL DEALS

PIZZAS, WRAPS & PANINIS  
FRESH OPTIONS  
EVERY DAY

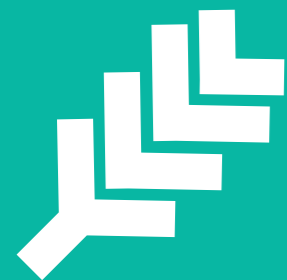
TAKE HOME A  
TAKEAWAY  
Collect Before You Go Home

LUNCH MEAL DEAL  
Check out what's on  
offer today!



WATCH OUT FOR OUR  
**POP UP**  
& STREET FOOD  
PROMOTIONS

All of Our Deli Range,  
Sandwiches, Salads  
& Desserts are  
**FRESHLY MADE  
HERE DAILY**



WEEK 2

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**TRADITIONAL SAUSAGE & MASH**  
Onion Gravy, Broccoli

**MILD CHICKEN KORMA**  
50/50 Rice, Poppadums, Pickle Tray

**ROAST GAMMON**  
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

**SMOKY BBQ CHICKEN**  
Savoury Rice, Blackened Corn

**FRESHLY BATTERED FISH/ SALMON FISHCAKES**  
Chips, Minted Peas

VEGETARIAN MEAL

**VEGAN SAUSAGE & MASH**  
Onion Gravy, Broccoli

**SQUASH CHICKPEA & SPINACH BALTI**  
50/50 Rice, Poppadums, Pickle Tray

**GOATS CHEESE & ONION MARMALADE WELLINGTON**  
Seasonal Vegetables, Veggie Gravy

**SMOKY BBQ OUMPH**  
Savoury Rice, Blackened Corn

**CHICKPEA & CORIANDER BURGER**  
Minted Yoghurt Dip

PASTA POTS

**TOMATO & BASIL**

**PESTO PASTA**

**QUORN BOLOGNAISE**

**ARRABIATA**

**CARBONARA**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

HOT PUD

**CLASSIC APPLE PIE**  
Ice Cream

**PINEAPPLE UPSIDE DOWN PUDDING**  
Vanilla Sauce

**JAM SPONGE**  
Custard

**BOSTON BROWNIE**  
Ice Cream

**CREPE BAR**  
Fruit Sauces

COLD PUD

**KEY LIME PIE**

**FRUIT TART**

**STRAWBERRY CHEESECAKE**

**RASPBERRY TIRAMISU**

**CUCINA SUNDAE**

FRUIT POT

**WATERMELON**

**PINEAPPLE & TOFFEE**

**FRESH FRUIT SALAD**

**ORANGE WEDGES**

**GRAPES**

JELLY POTS

**STRAWBERRY**

**ORANGE**

**RASPBERRY**

**LEMON**

**MIXED BERRY**

YOGHURT POTS

**GREEK STYLE HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE **SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**

**PIZZAS, WRAPS & PANINIS**  
FRESH OPTIONS EVERY DAY

**TAKE HOME A TAKEAWAY**  
Collect Before You Go Home

**LUNCH MEAL DEAL**  
Check out what's on offer today!



WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are **FRESHLY MADE HERE DAILY**



WEEK 3

### Classic Favourites

MONDAY



### EASTERN

TUESDAY



### Great British

WEDNESDAY



### SOUTHERN STYLE

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**GREEK MEATBALL PITTA**  
Mint Yoghurt, Chopped Salad & Oregano Wedges

**CHICKEN KATSU CURRY**  
50/50 Rice, Stir Fried Greens, Japanese Crackers

**ROAST TURKEY**  
Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

**FERNANDO'S CHICKEN IN A BUN**  
Cajun Wedges, BBQ Beans, Coleslaw

**FRESHLY BATTERED FISH/ SALMON FISHCAKES**  
Chips, Garden Peas

VEGETARIAN MEAL

**PLANT-BASED MEAT-BALL PASTA BAKE**  
Garlic Bread, Mixed Salad

**VEGETABLE, TOFU, SOYA BEAN SPRING ROLL**  
50/50 Rice, Stir Fried Greens

**MATURE CHEDDAR & BROCCOLI QUICHE**  
Mixed Salad or Seasonal Vegetables

**CAJUN GRILLED HALLOUMI BURGER**  
Cajun Wedges, BBQ Beans, Coleslaw

**GRILLED VEGETABLE & QUORN SKEWERS**  
Mixed Salad

PASTA POTS

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

**WAFFLE BAR**  
Fruit Compote

**JAM ROLY POLY**  
Custard

**STICKY TOFFEE PUDDING**  
Toffee Sauce

**CHOCOLATE BREAD & BUTTER PUDDING**  
Custard

**APPLE & PEAR CRUMBLE**  
Ice Cream

COLD PUD

**LEMON YOGHURT CHEESECAKE POT**

**MANGO & LIME PANNA COTTA**

**CHOCOLATE ORANGE MOUSSE**

**MANGO FRUIT FOOL**

**CUCINA SUNDAE**

FRUIT POT

WATERMELON

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

ORANGE WEDGES

GRAPES

JELLY POTS

STRAWBERRY

ORANGE

RASPBERRY

LEMON

MIXED BERRY

YOGHURT POTS

GREEK STYLE HONEY

LEMON

STRAWBERRY

MANGO

PASSION FRUIT

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WITH FRESHLY BAKED BREAD

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