

School: Esher High

June 2020

Dear Parent/Guardian,

Re. Information about the School Nurse Service in Secondary Schools

As your child enters secondary school, Children and Family Health Surrey's 0-19 Team continues to provide a service for your child, working in close partnership with parents and the school.

This service is commissioned by the Local Authority and provided in line with the Healthy Child Programme 5-19years (Department of Health, Department for Children Schools and Families 2009), Getting it right for Children, Young People and Families (Department of Health 2012), Our School Nurse (British Youth Council 2011), All Our Health (PHE 2016), and Department for Education revised statutory guidance Relationship and Sex Education (DE 2019)

Personal, Social and Health Education (PSHE)

The School Nurse team works with schools to provide a targeted Personal, Social and Health Education curriculum in Year 7 and Year 9/10. Your child's school will be able to inform you which subjects will be covered by the School Nurse team in any academic year.

Secondary School Routine Immunisations_(Schedule correct at September 2019)

While at secondary school, your child will be offered immunisation as part of the childhood vaccination programme.

When to Immunise	Diseases protected against	Vaccine given	Immunisation site
Aged 12 to 13 years old	HPV immunisation protects against diseases caused by human papillomavirus types 6, 11, 16 and 18. HPV types 16 and 18 are responsible for approximately 70% of cervical cancer cases. From September 2019 this is also offered to boys	Gardasil (HPV)	Upper arm
Around 14 years old	Diphtheria, tetanus and polio (5 th and final dose of the course)	Revaxis (Td/IPV)	Upper arm
	Meningitis ACWY	Menveo or Nimenrix	Upper arm
11-16 years old	Please contact our Immunisation team (details on our website) if your child is missing one or both doses of the MMR vaccine protecting against Measles, Mumps and Rubella	MMR VaxPro or Priorix	Upper arm

All clinical correspondence should be addressed to the relevant clinical service.

Further information on the immunisation programme and to contact our Immunisation Team, please visit the Children and Family Health Surrey website at; (www.childrenshealthsurrey.nhs.uk).

Some children under the age of 16 are also eligible to receive the BCG vaccination against Tuberculosis (TB) if they live in an area where the incidence of TB is 40 in 100,000 of the population or greater or their parents or grandparents were born in or come from a country with an incidence of TB is 40 in 100,000 or greater. If you think your child may be eligible for this vaccine please contact your family doctor or School Nurse to discuss.

Confidential School Nurse Service

During Year 7 your child will also be introduced to;

- the confidential School Nurse Service,
- our Safe Space Health website www.safespacehealth.uk/
- Chat Health, a text service enabling young people at Secondary School to reach out to our School Nurse team to ask for help about a range of issues, or to make an appointment with one of our school nurses confidentially. Chat health is for anyone aged 11-19 at secondary school looking for confidential advice on a wide range of issues such as bullying, emotional health and wellbeing, sexual health as well as illnesses.

Pupils may refer themselves to the School Nursing Service. Issues discussed will not be disclosed to any other person without their consent, unless there is a risk to that young person or someone else, as governed by the Children's Act (1989) and the Fraser Guidelines (1985). However, the School Nurse will always encourage young people to discuss the issues they raise with their parents or guardians.

If your child has an identified health need or should you have any concerns about the health and welfare of your child throughout their time at school, please do not hesitate to contact us on our office number or through the school.

You can also visit our website at; www.childrenshealthsurrey.nhs.uk

Sent on behalf of the 0-19 Community Public Health Nursing Team